



100 MONTADITOS	Josep Maria Folch i Torres, 4, local 23. Centre d'Oci Les Gavarres	977 55 36 19	---	Fast-food	West
5 NACIONES	Autovia Tarragona-Reus, km. 4 (CARREFOUR)	977 54 29 41	Sundays and public holidays	Home cooking	West
A 3 MANS	Salinas, 5	977 91 57 43	Sunday evening / Monday lunchtime and evening	Casual cooking, Creative and signature cuisine	Part Alta (Historic quarter)
A LA VORA DE L'EBRE	Barcelona, 7	977 25 16 45	Sunday evenings and Mondays	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
A TOCAR FERRO!	Sant Agustí, 19	977 21 82 36	---	Casual cooking	Centre
ABORDO	Sant Pere, 21	977 22 74 90	Mondays and Tuesday to Sunday evenings	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
ALVOCAT VEGAN AND VEGETARIAN	La Nau, 6	650 95 47 50	Tuesday and Wednesday lunchtime	Vegan cuisine, Vegetarian cuisine, World cuisine	Part Alta (Historic quarter)
AMARCORD	Rere Sant Domènec, s/n	977 23 09 57	Sunday and Monday	Home cooking, Pizzeria	Part Alta (Historic quarter)
AMB CARGOLINS	Soler, 6	977 24 59 15	Sunday. Monday to Saturday: 6 a.m. - 5 p.m.	Home cooking	Centre
ÀPATS QUATTROS	Sant Domènec, 2	977 91 52 83	Sunday evenings and Mondays (winter)	Casual cooking, Creative and signature cuisine, Home cooking	Part Alta (Historic quarter)
AQ RESTAURANT	Les Coques, 7	977 21 59 54	Sundays and Mondays	Creative and signature cuisine	Part Alta (Historic quarter)
ARCS RESTAURANT	Misser Sitges, 13	977 21 80 40	Sunday and Monday (we open by appointment)	Creative and signature cuisine	Part Alta (Historic quarter)
ARES	Arc de Sant Bernat, 3	977 22 29 06	Mondays and Tuesdays	Creative and signature cuisine	Part Alta (Historic quarter)
BALANDRA	Espinach, 18	977 22 12 38	Monday / Tuesday, Wednesday and Sunday evenings	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
BAR EL PUERTO	Pere Martell, 39	977 24 00 12	Sunday	Casual cooking	Centre



BAR FORMULA 2	Polígon Industrial Riu Clar, c. Sofre, parcel·la 141, local 9-5A	977 54 96 86 / 616 07 66 97	Sundays and Saturday evenings	Home cooking	West
BAR LA PENYA	Plaça de la Font, 35	977 23 99 20	Tuesdays	Casual cooking	Part Alta (Historic quarter)
BAR PALLARS	Soler, 19	620 46 37 51	Sunday, Saturday afternoons	Home cooking	Centre
BAR-RESTAURANT AITOR	Rambla President Francesc Macià, 9	616 08 48 20	Monday	Casual cooking	Centre
BAR-RESTAURANT TECLES	Plaça Corsini, 3 local 2	977 59 11 55	Sunday	Casual cooking, Creative and signature cuisine, Home cooking	Centre
BARHAUS	Sant Llorenç, 20-22	977 24 47 70	summer: Sundays and Mondays	Creative and signature cuisine	Part Alta (Historic quarter)
BARQUET	Gasòmetre, 16	977 24 00 23	Sundays and Monday evenings	Seafood cooking	Centre
BITÁCORA	Comerç, 7	977 21 29 75	Mondays. On other days, open at lunchtime from 1 p.m. to 4 p.m.	Seafood cooking	Centre
BOCOIS	Rambla Nova, 24	628 58 24 28	---	Casual cooking, Home cooking	Centre
BODEGA EL MAÑO	Rebolledo, 20	977 24 00 74	Sundays and Public holidays	Casual cooking, Home cooking	Centre
BRASA D'OR	Plaça de la Font, 28	977 91 06 46	open everyday in high season / closed Mondays from November	Home cooking, Pizzeria	Part Alta (Historic quarter)
BRASERIA PIZZERIA OMBU	Reding, 23	877 07 61 84 / 651 44 40 53	Sundays evenings / Mondays	Fast-food, Pizzeria	Centre
BRISA	Pg. Marítim Rafael Casanova, s/n (Port esportiu)	977 65 13 64	Saturday afternoons (winter)	Casual cooking	Port and el Serrallo (Fisherman's neighbourhood)
BUFET EL TIBERI	Martí d'Ardenya, 5	977 24 28 96 / 977 23 54 03	Sunday evenings and Mondays	Home cooking	Centre
BUFFALO GRILL	Joan Amades i Gelats, 4. Les Gavarres.	977 54 94 62	---	Fast-food, World cuisine	West



BURGER KING	CN. 340, km. 1.160	977 55 34 14	---	Fast-food	West
CA L'EULÀLIA	Plaça del Bisbe Bonet, s/n	977 21 50 75	Mondays	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
CAFÈ & ENTREPANS D'OR	Plaça Corsini, 6 baixos		Sunday, Saturday afternoons	Casual cooking, Fast-food	Centre
CAFETERIA RESTAURANT DEU MÉS U	Joan Maragall, s/n	647 54 37 23	Saturday evenings and Sunday	Home cooking	Part Alta (Historic quarter)
CAL JOAN	Espinach, 2	977 21 92 23	Mondays and Sunday evenings	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
CAL MANO	Cós del Bou, 9	977 23 93 28 / 639 71 73 48	Sunday evenings, Monday evenings, Tuesday and Wednesday evenings	Casual cooking, Creative and signature cuisine, Home cooking, Seafood cooking	Part Alta (Historic quarter)
CAL MARTÍ	Sant Pere, 12	977 21 23 84	Mondays	Home cooking, Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
CAL PETER	Cós del Bou, 8	977 23 14 66	Mondays and Sunday evenings	Casual cooking, Home cooking, Pizzeria	Part Alta (Historic quarter)
CAL PRINCEP	Felip Pedrell, 10	977 21 87 59	Sundays	Home cooking	Centre
CAN BONACHÍ	Vileta de Mar, 5 (Arrabassada)	977 29 01 99	Mondays / Sunday evenings	Home cooking, Seafood cooking	West coast and beaches
CAP I CUA TAPES	Lleida, 6	977 21 61 98	Sundays	Casual cooking	Centre
CAPPUCCINO	Plaça de la Font, 39-41	977 25 29 56	---	Home cooking	Part Alta (Historic quarter)
CAPPUCCINO TARRACO	Rambla Nova, 9	977 22 06 34	---	Home cooking	Centre
CASA BALCELLS	Pla de la Seu, 5	977 89 52 65	Tuesdays	Casual cooking, Home cooking	Part Alta (Historic quarter)
CASA MATÍAS	Plaça de la Font, 29	977 13 96 42	---	Home cooking	Part Alta (Historic quarter)
CASA MATÍAS	Paça de les. Corts Catalanes, 5 (local 2)	977 23 86 47	---	Casual cooking, Home cooking	Centre



COIMBRA	Governador González, 6	977 59 15 83	Sunday and Monday	Casual cooking, Home cooking	Centre
CÓMETE ALGO	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	615 45 84 78	---	Casual cooking, Home cooking	West
CREPERIA EL PALLOL	Plaça del Pallol, 12	977 21 76 57	winter: Tuesdays and Wednesdays / from Easter to June: Tuesdays	Casual cooking	Part Alta (Historic quarter)
DE VINS	Méndez Núñez, 10	977 23 00 20 / 629 51 89 98	Sunday evenings and Tuesdays	Casual cooking, Creative and signature cuisine	Centre
DEGVSTA	Cavallers, 6	977 25 24 28	Sundays and Monday evenings	Creative and signature cuisine	Part Alta (Historic quarter)
DOMINO'S PIZZA	Rambla Nova, 92	977 24 17 17		Pizzeria	Centre
DOMUM GASTROBAR & COPAS	Plaça de la Font, 13	977 59 17 79	Mondays	Casual cooking, Home cooking	Part Alta (Historic quarter)
EL CAFÉ DEL CENTRE	August, 20	977 23 22 23	Sunday	Casual cooking, Fast-food	Centre
EL CEIBO BAR	Plaça de la Font, 8	657 49 51 32	Mondays mornings	Casual cooking	Part Alta (Historic quarter)
EL COMPLET	Natzaret, 5	667 77 73 92	Sunday evenings, Mondays, Tuesday lunchtime	Casual cooking, Home cooking	Part Alta (Historic quarter)
EL CORTE INGLÉS RESTAURANT	Rambla del President Lluís Companys, 7	977 29 73 00 extensió 2323	Sundays and Public holidays	Creative and signature cuisine, Seafood cooking	Centre
EL CORTIJO	Rebolledo, 24	977 22 48 67	Sunday, Saturday afternoons	Home cooking	Centre
EL GALLINER DE L'ANTIQUARI	Santa Anna, 3	977 24 18 43	Sunday evenings and Mondays	Casual cooking	Part Alta (Historic quarter)
EL LLAGUT	Natzaret, 10 (Plaça del Rei)	977 22 89 38	winter: Sunday evenings and Monday evenings	Seafood cooking	Part Alta (Historic quarter)
EL MEXICANO	Josep M. Folch i	977 55 30 95	---	World cuisine	West



EL PEIX QUE ES MOSSEGA LA CUA	Governador González, 8	977 59 10 55	Sundays	Casual cooking	Centre
EL PIGOT	Plaça de la Font, 24	977 21 77 66	---	Creative and signature cuisine, Home cooking, Seafood cooking	Part Alta (Historic quarter)
EL PÒSIT	Moll de pescadors, 25 (El Serrallo)	977 89 63 86	Monday	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
EL RACÓ DE LA MÓRA	Pg. Móra, 8 baixos	977 65 62 06	16 November - February	Seafood cooking	West coast and beaches
EL RACO DEL PESCADOR	Sant Joan, 8 baixos	977 24 21 69	Monday; Tuesday to Sunday evenings	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
EL SOLET	Pare Iglésias, 3	656 43 70 90	Monday	Home cooking	Part Alta (Historic quarter)
EL SOLET	Fortuny, 15	977 22 64 79 / 656 43 70 90	---	Home cooking	Centre
EL TALLER	Sant Pere, 14	977 13 90 12	Monday and Tuesday	Creative and signature cuisine, World cuisine	Port and el Serrallo (Fisherman's neighbourhood)
EL TERRAT	Pons d'Icart, 19	977 24 84 85	Sunday evenings and Mondays	Creative and signature cuisine	Centre
EL TOL	Vila-roma, 2	977 22 69 24 / 620 88 98 27	Sunday; winter: Sunday and Monday	Casual cooking	Part Alta (Historic quarter)
EL TRULL	Ctra. de Barcelona, km. 1.168,5	977 20 97 56	---	Home cooking	West coast and beaches
EL VERGEL VEGGIE RESTAURANT	Major, 11-13	877 06 48 50	Tuesday and Wednesday (Thursday to Sunday open: 1 p.m. - 11 p.m.)	Vegan cuisine	Part Alta (Historic quarter)
ELIAN CAFÉ RESTAURANT	Av. Ramón y Cajal, 22	977 89 72 40	Sundays	Vegetarian cuisine	Centre
ELS 5 SENTITS	Lleida, 8	977 25 31 70	Mondays	Home cooking	Centre



ENRIQUE TOMÁS GOURMET HAM STORE CC PARC CENTRAL	Av. Vidal i Barraquer, 15-17 - Parc Central	977 23 04 46	Sunday	Fast-food	Centre
ENTRECOPES	Cavallers, 12	977 24 37 56	Monday	Creative and signature cuisine	Part Alta (Historic quarter)
ERIC I	Blanca d'Anjou, 12 (Sant Pere i Sant Pau)	977 20 24 29	Monday (winter)	Casual cooking	North
ESPAI VI	Plaça del Fòrum, 13	672 26 68 94	winter: Mondays, Tuesdays and Sundays evenings / from March: Mondays	Casual cooking, Home cooking	Part Alta (Historic quarter)
FERROMAR	Camí Vell Salou - Pol. Francolí, s/n	977 54 66 80	Sundays and Saturdays	Casual cooking, Home cooking	West
FILOSOFÍA RESTAURANTE	Plaça Ripoll, 6	693 47 16 39 / 650 95 47 50	Tuesday evenings	Casual cooking, Creative and signature cuisine, Fast-food, Home cooking, Seafood cooking, Vegan cuisine, Vegetarian cuisine	Part Alta (Historic quarter)
FLECA FLAQUÉ	Higini Anglès, 2	977 22 22 58	---	Fast-food	Centre
FÒRUM	Plaça de la Font, 37	977 23 17 18 / 977 21 13 33	Wednesdays except public holidays	Creative and signature cuisine	Part Alta (Historic quarter)
FOSTER'S HOLLYWOOD	Josep Maria Folch i Torres, 4, local 14-15. Centre d'Oci Les Gavarres	977 54 17 91	---	World cuisine	West
FOSTER'S HOLLYWOOD PARC CENTRAL	Av. Vidal i Barraquer, 15-17 local 1	977 22 64 43 / 977 25 33 81	---	Casual cooking	Centre
FRANKFURT BOCATA PAI	Reding, 36	977 22 67 22	Sunday and bank holidays	Fast-food	Centre
FRANKFURT EL SURTIDOR	Plaça de la Font, 21	977 89 50 53	Mondays mornings	Fast-food	Part Alta (Historic quarter)
FRANKFURT LA TORRE	Josep M. Folch i Torres, 4, local 19. Centre d'Oci Les Gavarres.	977 55 24 38	---	Fast-food, Home cooking	West



FRIDA	Les Coques, 1 bis	977 89 54 77	Tuesday and Wednesday	Casual cooking, Creative and signature cuisine, Vegan cuisine, Vegetarian cuisine, World cuisine	Part Alta (Historic quarter)
GALLO MORÓN	Plaça Santiago Rusiñol, 2	977 23 83 27	Tuesdays / July, August and September open every day	Casual cooking, Home cooking	Part Alta (Historic quarter)
GLI ANGELI	Trafalgar, 19	640 34 43 07 / 877 05 85 94	---	Home cooking, Pizzeria, Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
GLI ITALIANI	Taquígraf Martí, 7	977 64 81 36	Sunday	Pizzeria, World cuisine	Centre
IL FORNARETTO	August, 52	977 23 54 02	Sunday	World cuisine	Centre
ISTAMBUL	Sant Domènec, 26	977 21 67 99	Wednesday/opening hours: 17:00 to 00.00h.	World cuisine	Part Alta (Historic quarter)
ÍTACA	Plaça del Rei, 4	977 22 45 79	winter: Sunday evenings and Mondays	Casual cooking, Seafood cooking	Part Alta (Historic quarter)
IZARRA	Plaça de la Font, 31	977 21 39 18	---	Casual cooking, Home cooking	Part Alta (Historic quarter)
JAMONERÍA V&M MARISQUERÍA	Espinach, 4	977 89 55 02	Sunday evenings, Monday	Home cooking, Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
JAPONÈS DAYU SAKURA	Manel de Falla, 10	977 24 46 30		World cuisine	Centre
KEBAB TARRAGONA	Pere Martell, 37	977 23 96 09		Fast-food	Centre
KOOP	Granada, 8	977 23 10 48	Saturday and Sunday lunchtime	Casual cooking	Part Alta (Historic quarter)
L'ADELITA	Ernest Vilches, 4	977 50 68 55	Mondays and Tuesdays	Home cooking, Vegetarian cuisine, World cuisine	Centre
L'ADELITA GASTROBAR	Cós del Bou, 4	977 50 68 55	Mondays and Tuesdays	Fast-food, Home cooking, Vegetarian cuisine, World cuisine	Part Alta (Historic quarter)
L'ANAP TAPES	Trafalgar, 29	977 24 37 32		Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
L'ÀNCORA MARISQUERIA	Trafalgar, 21	617 49 46 54	Christmas	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)



L'ARROSSERIA	Trafalgar, 1	606 20 86 30 / 977 27 32 65	Tuesdays	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
L'ASSAIG	Merceria, 20	977 23 31 54	Monday	Casual cooking, Home cooking, Pizzeria	Part Alta (Historic quarter)
L'ENTREPÀ	Rambla Nova, 110	977 22 98 20	winter: Saturday and Sundays/summer: Saturdays and Sundays	Casual cooking	Centre
L'ESMORZAR	Prat de la Riba, 21	977 21 11 58	Saturdays and Sundays	Home cooking	Centre
L'ESPIGA D'OR - EL RACÓ DEL PLAT I CULLERA	Rovira i Virgili, 17	977 22 55 08	Saturdays and Sundays	Vegan cuisine, Vegetarian cuisine	Centre
LA AMSTELERIA	Av. Vidal i Barraquer, 44	977 22 66 87		Casual cooking	Centre
LA ANDALUZA LOW COST	Comte, 13	633 72 88 84	Mondays and Tuesdays mornings	Casual cooking	Part Alta (Historic quarter)
LA BOTIFARRA	Cervantes, 5	977 21 65 51	open evenings only, from 7 p.m.	Casual cooking	Centre
LA BOTIGA	Trafalgar, 31	977 21 35 32	Mondays	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
LA CALETA	Pg. Marítim Rafael Casanova, 24	977 23 40 40	Mondays and Sunday evenings	Home cooking, Seafood cooking	West coast and beaches
LA CANTONADA	Fortuny, 23	877 06 21 61	Sundays, unless there is football match	Casual cooking	Centre
LA CAPITAL	August, 8	877 05 63 41	winter: Sunday evenings	Casual cooking, Home cooking	Centre
LA CARBONARA	Méndez Núñez, 13-15	977 13 94 66	winter: Monday to Friday, 11:30 p.m. / Saturday and Sunday: midnight	Pizzeria, World cuisine	Centre
LA CASETA DE LES TRES BESSONES	Merceria - plaça del Fòrum, 26	977 24 28 84	winter: from November to Easter Week/summer: Saturday mornings	Casual cooking, Home cooking	Part Alta (Historic quarter)
LA COVA	Trinquet Vell, 2 bis	977 23 98 12	Mondays	Casual cooking	Part Alta (Historic quarter)





LA CUCAFERA	Plaça Santiago Rusiñol, 5	977 24 20 07	from Monday to Friday (winter)	Creative and signature cuisine, Seafood cooking	Part Alta (Historic quarter)
LA CUINA D'EN XAVIER	Pl. del Fòrum, 16	877 07 60 54	Wednesdays	Home cooking	Part Alta (Historic quarter)
LA CUINETA	Nou del Patriarca, 2 bis	977 22 61 01	Sunday	Home cooking	Part Alta (Historic quarter)
LA INDUSTRIAL	Sant Agustí, 5	977 89 74 48	Sundays	Creative and signature cuisine, Home cooking	Centre
LA NOCCIOLA TOSCANA	Plaça del Fòrum	618 00 87 72	January, February	Casual cooking	Part Alta (Historic quarter)
LA PEPITA	Plaça Jacint Verdaguer, 9	699 49 34 48	Sunday	Casual cooking, Home cooking	Centre
LA PIADINA DELLA NONNA	Estanislau Figueras, 14	977 23 05 53	Tuesday	Pizzeria, World cuisine	Centre
LA PIEMONTESA	Josep Maria Folch i Torres, 4, local 11-B-12. Centre d'Oci Les Gavarres	977 55 35 20	---	World cuisine	West
LA PIEMONTESA TARRAGONA	Plaça Jacint Verdaguer, 3	977 24 04 16	---	World cuisine	Centre
LA PLATJA	Ras i Claravalls, 2	977 29 09 38 / 625 10 31 95	Christmas, New Year and 6th of January. Monday, Tuesday and Wednesday except from the 1st of July to the 15th of September	Home cooking, Seafood cooking	West coast and beaches
LA POMA	Higini Anglès, 3	977 23 42 56	Sunday and public holidays	Casual cooking, Home cooking	Centre
LA POSADA DEL FÒRUM	Soler, 15	691 50 19 83	Sunday, Saturday afternoons	Fast-food, Home cooking	Centre
LA SCALA	Sant Francesc, 22	977 24 28 10	Monday evenings	World cuisine	Centre
LA TAGLIATELLA	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	977 55 72 44	---	Pizzeria	West
LA TARTANA	Plaça dels Carros, 5	977 24 56 21	---	Casual cooking, Home cooking	Port and el Serrallo (Fisherman's neighbourhood)
LA TAULA RODONA	La Nau, 4	977 89 65 06	Sunday evenings /	Creative and signature	Part Alta (Historic



					quarter)
LA VENTA	Riu Garona, local 20 (Campclar)	977 54 09 14	Sundays and Mondays, Tuesdays, Wednesdays and Thursday evenings	Home cooking	West
LA XARXA	Sant Pere, 38-40	977 21 45 31	Monday	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
LAMORADA	Cuirateries, 20	877 07 08 62	Sunday evenings, Mondays and Tuesdays, Wednesday afternoons	Home cooking	Part Alta (Historic quarter)
LES COQUES	Sant Llorenç, 15	977 22 83 00	Sunday	Creative and signature cuisine, Home cooking	Part Alta (Historic quarter)
LES FONTS DE CAN SALA	Lorenzo López, 62	977 22 85 75	---	Creative and signature cuisine, Home cooking	North
LES PICARDIES DEL CÒCULA	Reding, 20	977 24 01 16	---	Creative and signature cuisine, Home cooking	Centre
LES VALLS	August, 36	977 23 24 53	Sundays, public holidays and evenings. Open from 13:00 to 15:00 only on Saturdays.	Home cooking	Centre
LES VOLTES	Trinquet Vell, 12	977 23 06 51	Sunday evenings and Mondays	Home cooking, Seafood cooking	Part Alta (Historic quarter)
LIMBOO BEACH CLUB	Pg. Marítim Rafael Casanova, 11	977 26 60 00	---	Casual cooking, Creative and signature cuisine	West coast and beaches
LIZARRAN	Av. Vidal i Barraquer, 15 - Parc Central	977 21 28 53	---	Casual cooking, Fast-food, Vegetarian cuisine	Centre
LO GAT	Vila-roma, 10	977 24 47 97	Mondays and Sundays and for lunch	Casual cooking	Part Alta (Historic quarter)
LOS HERMANOS	Bloc Sant Andreu, escala B, baixos	977 11 30 02 / 626 80 97 03	Mondays	Casual cooking	North
L' HOME DELS NASSOS	Merceria, 13	633 19 76 67	every day except Friday and Saturday	Creative and signature cuisine	Part Alta (Historic quarter)
M-15	Platja Llarga, parcel·la 16, Salines B	977 20 83 00	do not close from Easter to Santa Tecla; the rest of the year is variable.	Casual cooking, Home cooking	West coast and beaches



MARE NOSTRUM (HOTEL CIUTAT DE TARRAGONA)	Plaça Imperial Tàrraco, 5 (1a. planta hotel)	977 25 09 99		Seafood cooking	Centre
MARISC	Rambla Nova, 7	977 22 98 55	Tuesdays (winter)	Home cooking, World cuisine	Centre
MARTINET	Reding, 28	877 07 57 24	Sunday	Creative and signature cuisine	Centre
MAS ROSELLÓ	Pg. Marítim Rafael Casanova, 23	977 24 18 28	Mondays and Sunday evenings	Home cooking	West coast and beaches
McDONALD'S	Joan Amades i Gelats, 6. Les Gavarres.	977 55 22 12	---	Fast-food	West
McDONALD'S	Ctra. de València, km 5	977 54 14 48	---	Fast-food	Centre
MEDI TERRANEUM	Moll de Llevant, B1 (Port Tarraco)	977 11 01 31	Mondays	Creative and signature cuisine, Home cooking, Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
MERCERIA 34	Merceria, 34	977 85 76 62	Tuesdays and Wednesdays	Home cooking	Part Alta (Historic quarter)
MESÓN AVENIDA	Bloc Miramar II (Sant Pere i Sant Pau)	977 23 58 52	Winter: Sunday to Thursday evening/Summer: Wednesdays	Home cooking	North
MESON DEL MAR	Port esportiu, local 4-5	977 24 71 96	Monday / Winter: evenings	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
MIL BUDAS	Rovira i Virgili, 38	977 23 83 23	Sunday evenings and Mondays	World cuisine	Centre
MILONGA	Salines, 25	977 22 33 91	Mondays	Home cooking, World cuisine	Part Alta (Historic quarter)
MIRALL D'ESTIU	Platja Llarga, s/n	977 20 84 20 / 639 71 71 17	Sunday evenings November to March	Casual cooking, Home cooking	West coast and beaches
MISTRAL RESTAURANT PIZZERIA	Plaça de la Font, 19	977 23 72 22	22 December-22 March; and Mondays (1-21 March, April, May, June, October, November and 1-21 December)	Home cooking, Pizzeria	Part Alta (Historic quarter)
MORAMAR	Pg. de la Móra, 6	977 65 02 54	from 24/12 to 01-02	Seafood cooking	West coast and beaches



OCTOPUSSY	Trafalgar, 5	977 24 37 32	Mondays	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
ORIGINAL BY TOTEM	Lleida, 17-19 baixos	680 29 29 49	Sunday	Home cooking	Centre
OSTERIA DEL LAB	Comte, 12	657 44 10 04	Sunday evenings and Mondays	Casual cooking, Home cooking, World cuisine	Part Alta (Historic quarter)
OSTERIA DEL MARE	Moll de Llevant, B1 (Port esportiu)	648 07 08 27	Mondays and Sunday evenings	Pizzeria, World cuisine	Port and el Serrallo (Fisherman's neighbourhood)
PALAU DEL BARÓ	Santa Anna, 3	977 24 14 64	Sunday evenings and Mondays	Creative and signature cuisine	Part Alta (Historic quarter)
PARAISO II	Set, 40 (Bonavista)	977 54 72 89	Tuesdays	Casual cooking	West
PASSADÍS	Estanislau Figueras, 36	977 23 24 55	Mondays, Tuesday and Sunday evenings	Home cooking	Centre
PASTA NOSTRA	Rambla Nova, 26-28	977 25 00 03	---	Pizzeria, World cuisine	Centre
PETIT TÀRRACO	Baró de les IV Torres, 1	977 22 81 98	Sunday	Casual cooking	Centre
PINCHO PANCHO	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	977 54 51 42	Mondays mornings	Casual cooking	West
PISCOLABIS	Plaça Corsini, 3 baixos esquerra	977 23 26 57	Sunday	Casual cooking, Vegan cuisine, Vegetarian cuisine	Centre
PITICUIXA	Cardenal Cervantes, 14	977 23 06 49	Monday, Tuesday evenings, Wednesday evenings, Sunday	Casual cooking, Home cooking	Centre
PIZZA BOSCOS	Centre Comercial, local 14, 2a. planta	977 20 74 45	Winter: Mondays, Tuesdays, Wednesdays / Summer: Mondays	Pizzeria	West coast and beaches
PIZZA NOVA	Estanislau Figueras, 47	977 24 02 22	only closed on specific days like the 24th of December at night and on the 25th of December at midday, etc.	Casual cooking, Fast-food, Home cooking, Pizzeria, Vegetarian cuisine	Centre
PIZZERIA CAL FAUNE	Girona, 11	977 23 67 20	---	Home cooking, Pizzeria	Centre
PIZZERIA CAPRI	Rovira i Virgili, 38	977 54 40 71	Sunday lunchtime / Tuesday	Pizzeria, World cuisine	Centre



PIZZERIA CASANOISTRA	Unió, 40 baixos	977 23 23 67 / 632 94 02 83	Tuesday lunchtimes	Pizzeria, World cuisine	Centre
PIZZERIA DA MARIO	Méndez Núñez, 7	977 08 21 32 / 610 46 81 08	Sunday	Pizzeria	Centre
PIZZERIA DA NICOLA	Comte de Rius, 11	977 23 80 01	---	Pizzeria, World cuisine	Centre
PIZZERIA IL PASTIFICCIO	Rambla Nova, 10	977 23 87 29	---	Pizzeria, World cuisine	Centre
PIZZERIA PASTA RICA	Rambla Nova, 16	977 23 32 32	Monday evenings, Wednesday evenings	Pizzeria, World cuisine	Centre
PIZZERIA PULVINAR	Ferrers, 20	977 23 56 31	winter: Monday through Friday / summer: Wednesday	Home cooking, Pizzeria	Part Alta (Historic quarter)
PIZZERIA TRASTEVERE	Méndez Núñez, 15	977 22 76 17	---	Pizzeria, World cuisine	Centre
PLAY-OFF	Plaça del Fòrum, 10	977 89 78 02	Monday	Casual cooking, Fast-food	Part Alta (Historic quarter)
PUNT I A PART	Cuirateries, 2	977 91 05 86	Monday evenings and Sundays	Home cooking	Part Alta (Historic quarter)
QUATTROS	Plaça de la Font, 2	628 44 78 35	Mondays (winter)	Casual cooking	Part Alta (Historic quarter)
QUÈ BO ÈS	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	619 15 83 12	---	Casual cooking	West
RACÓ D'EN MAGINET	Felip Pedrell, 1	977 59 14 63	---	Casual cooking, Home cooking	Centre
RACÓ DE L'ABAT	Abat, 2	977 78 03 71	Monday	Creative and signature cuisine, Home cooking	Part Alta (Historic quarter)
RACÓ DEL CARNIVOR	Av. Andorra, 10	977 24 24 89	dilluns	Home cooking	Centre
RESTAURANT - CAFETERIA LLEVANT	Beethoven, 2-4	977 19 54 11	--	Casual cooking, Home cooking	West coast and beaches
RESTAURANT CANADA (HOTEL CANADA)	Ctra. València, 213 (Torreforta)	977 54 16 33	from Christmas to New Year	Home cooking	West
RESTAURANT CLUB NÀUTIC	Edifici nàutic (Port esportiu)	977 22 58 24	midday on 25/12. Please ask about	Seafood cooking	Port and el Serrallo (Fisherman's)

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					neighbourhood)
RESTAURANT CÓCVLA (Hotel Urbis)	Plaça Corsini, 10	977 24 01 16	Sunday and public holidays	Creative and signature cuisine, Home cooking	Centre
RESTAURANT EL MOS	Fortuny, 9	877 06 47 79	Monday	Creative and signature cuisine, Home cooking	Centre
RESTAURANT EL PARC (HOTEL AC TARRAGONA)	Av. Roma, 8	977 24 71 05	---	Creative and signature cuisine	Centre
RESTAURANT PLAÇA DE LA FONT (HOTEL)	Plaça de la Font, 26	977 24 61 34	Sunday	Home cooking	Part Alta (Historic quarter)
RESTAURANT PÒDIUM 29	Plaça de la Font, 29	977 13 96 42	---	Home cooking	Part Alta (Historic quarter)
RESTAURANTE ASIÁTICO YOKOHAMA	Av. Vidal i Barraquer, 46	977 25 38 88	---	World cuisine	Centre
RESTAURANTE BRISA (Càmping Tamarit)	Ctra. Nacional 340a, km 1172 - Càmping Tamarit Park	977 65 09 72	from January to March	Seafood cooking	West coast and beaches
RESTAURANTE-PIZZERIA DORADA DA GIOVANNI	Arquitecte Rovira, 3	977 78 72 50	Monday	Home cooking, Pizzeria	Centre
RINCÓN DE GUIJUELO	Pere Martell, 26	977 24 18 72	Sunday	Casual cooking	Centre
RISTORANTE PIZZERIA ITALIANA PULCINELLA	Pere Martell, 52-54	977 11 20 88	---	World cuisine	Centre
ROCKIN'CHAIR CAFE	Av. Vidal i Barraquer, 32	977 50 55 40	---	Casual cooking	Centre
ROJANO 67	Francolí, 59 (Torreforta)	977 54 00 11	Saturday and Sunday	Home cooking	West
SADOLL	Mercè, 1	977 24 44 04	Sunday and Monday	Creative and signature cuisine	Part Alta (Historic quarter)
SAPPORO	Méndez Núñez, 21	977 21 99 29	---	World cuisine	Centre
SENTITS	Plaça de la Font, 25	977 22 26 26	Sunday evening and Monday lunchtime	Casual cooking	Part Alta (Historic quarter)
SHA	Pla de la Seu, 9	977 22 26 91	Monday	Casual cooking	Part Alta (Historic quarter)



SÍDRERIA DONOSTI	Trafalgar, 5	977 21 11 73	Mondays	Casual cooking	Port and el Serrallo (Fisherman's neighbourhood)
SOL-RIC	Via Augusta, 227	977 23 20 32 / 977 23 68 29	---	Home cooking	West coast and beaches
SOLRIC ALTA TAVERNA	Plaça de la Font, 31	977 89 57 04	Wednesday (winter)	Casual cooking, Seafood cooking	Part Alta (Historic quarter)
TABULARIUM	Plaça del Fòrum, 6	977 21 43 82	Sunday evenings and Mondays	Casual cooking, Home cooking	Part Alta (Historic quarter)
TAKE AWAY SUSHI	Cós del Bou, 9	977 24 17 69	Sundays and Mondays mornings	World cuisine	Part Alta (Historic quarter)
TARAKON	Plaça de la Fòrum, 1	619 03 09 56	Winter: Mondays, Tuesdays, Wednesdays	Casual cooking, Home cooking	Part Alta (Historic quarter)
TARANTA	Plaça Ponent, 13	977 22 66 45	Sunday	Casual cooking	Centre
TÀSTUM HAMBURGUESERIA	Plaça de la Font, 23	977 08 58 20	Mondays	Casual cooking	Part Alta (Historic quarter)
TAULA RODONA	La Nau, 4	977 24 25 92	Sunday evenings and Mondays	Casual cooking, Home cooking	Part Alta (Historic quarter)
TAVERNA DEL MAR	Trafalgar, 19	977 21 17 49	Summer: open every day / Winter: only open Fridays and Saturdays	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
TELEPIZZA	Av. Marquès de Montoliu, 2	977 22 19 19	---	Pizzeria	Centre
TELEPIZZA	Montblanc, 14 (Torreforta)	977 55 13 73	---	Pizzeria	West
TERCER TEMPS	Sant Domènec, 18	977 21 59 71	---	Pizzeria	Part Alta (Historic quarter)
TESTO	Soler, 6	603 84 22 44	Sunday and Monday until 7 p. m.	Casual cooking, World cuisine	Centre
TÒFUL	Arc de St. Bernat, 4 (Plaça del Fòrum)	977 21 42 16	Mondays	Seafood cooking	Part Alta (Historic quarter)
TOMA QUE TOMA	Plaça del Fòrum, 6	643 67 30 35	Wednesday	Casual cooking	Part Alta (Historic quarter)
TROPICAL	Baró de les IV Torres, 9	977 21 10 84	Saturdays	Home cooking	Centre



TXANTXANGORRI	Plaça de la Font, 16	977 23 00 62	---	Casual cooking, Home cooking	Part Alta (Historic quarter)
UDON Noodle Bar & Restaurant	Av. Vidal i Barraquer, 15-17 - Parc Central	977 23 39 17	---	World cuisine	Centre
URBAN	Rambla Nova, 22	977 59 16 58	Mondays / Tuesday evenings	Casual cooking, World cuisine	Centre
VADEGUST	Sevilla, 5	977 10 19 30	Sunday evenings, Monday and Tuesday evenings	Seafood cooking	Centre
VARADERO	Trafalgar, 13	619 42 20 11	---	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
VERMUTERIA GLOBUSS	Plaça del Fòrum, 4	618 63 31 62	---	Casual cooking	Part Alta (Historic quarter)
VESTA RESTAURANT	Salinas, 5	877 05 97 42	Sunday evenings and Mondays	Casual cooking, Home cooking, Vegetarian cuisine	Part Alta (Historic quarter)
VIENA GAVARRES	C. 1, 8. Les Gavarres	977 55 52 14	---	Fast-food	West
VIENA PARC CENTRAL	Av. Ramón y Cajal, 69	977 21 90 48	---	Fast-food	Centre
VIENA TARRAGONA	Rambla Nova, 50	977 24 55 41	---	Fast-food	Centre
WOK TARRACO	Port Tarraco, Moll de Llevant	977 21 57 63 / 692 08 82 00		World cuisine	Port and el Serrallo (Fisherman's neighbourhood)
WOK YOKOHAMA	Josep Pont i Gol, 6	977 22 18 20		World cuisine	Centre
XALOC	Gravina, 65	977 24 21 95	Tuesdays	Seafood cooking	Port and el Serrallo (Fisherman's neighbourhood)
XDF RESTAURANT (Xamfrà del Fòrum)	Lleida, 17-19	977 24 71 16	Sunday evenings, Monday and Tuesday evenings	Creative and signature cuisine	Centre
XINÈS CHINA TOWN	Plaça dels Carros, 9 baixos	977 22 94 84	Wednesday evenings	World cuisine	Centre
XINÈS GRAN MUNDO	Mallorca, 16 baixos	977 23 78 79	---	World cuisine	Centre
XINÈS III MILENIO	Pere Martell, 43	977 23 01 74	---	World cuisine	Centre





XINÈS NOU MÓN	Pere Martell, 30	977 24 29 23	---	World cuisine	Centre
XINÈS PALACIO ORIENTAL	Amposta, 1 (Torreforta)	977 54 86 16	---	World cuisine	West
XINÈS SHANGHAI	Rambla Nova, 31	977 23 04 47		World cuisine	Centre
XINÈS TIAN AN MEN	Av. Marquès de Montoliu, 2	977 24 54 04		World cuisine	Centre
XOW TERRAZA MARTINI	Mallorca, 18	977 24 41 79	Monday evenings	Casual cooking, Creative and signature cuisine	Centre